

# Living Landscapes for Human Health and Well-being

**Tuesday, August 20, 2019**

**7-8:30 p.m.**

**Anheuser-Busch Theater**

**The Living World**

**Free admission**

**No reservations needed**



## **Featured speaker:**

Louise Chawla, Ph.D., Professor Emerita in the Program in Environmental Design at the University of Colorado Boulder

Since ancient times, people believed that they found a restorative power in nature, and this belief helped drive the development of our great urban park systems in the 19th century. This talk shares a burgeoning new field of research that has come into its own with the beginning of the 21st century, with strong evidence that we require trees, gardens and wildlife around us for multiple dimensions of our well-being and happiness. This evidence invites new ways of communicating the value of living landscapes and biodiversity as essential elements of our everyday surroundings.

This lecture is the Keynote address for the 2019 Conservation Psychology Institute.

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